

1. P.G.D.A.V. College (Eve.) Small Message By N.S.S (National Service Scheme) #STAY_HOME_STAY_SAFE

<https://www.youtube.com/watch?v=rpjaqQH5gFw&feature=youtu.be>

2. P.G.D.A.V. College (Eve.) N.S.S. (National Service Scheme) "COVID-19" Message For You !

<https://www.youtube.com/watch?v=D3e5DZIVUtM&feature=youtu.be>



NATIONAL SERVICE SCHEME PGDAV COLLEGE EVENING COVID-19 Updates



**IMPORTANT FOR
SOCIAL
ISOLATION**

Stay Home. Stay Safe.
#StopTheSpread



Avoid tobacco, alcohol and other drugs.



Do not ignore or judge people with a COVID infection.



If you happen to get infected with Corona, remember most people get better. Do not panic.

PRACTICE SELF-ISOLATION!

**#nsspgdaveve #stayhomestaysafe
#socialdistancing**



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Aarogya Setu

में सुरक्षित | हम सुरक्षित | भारत सुरक्षित

**WE RECOMMEND YOU TO
DOWNLOAD AAROGYA
SETU APP**

TO GET TRUE AND REILABLE NEWS



**#STAYHOMESTAYS SAFE
#SHARETRUENEWS**



NATIONAL SERVICE SCHEME PGDAV COLLEGE EVENING



COVID-19 updates

**WASH, WASH, WASH YOUR HANDS,
TO KEEP THE GERMS AT BAY.
WASH THEM WELL FOR 20 SECONDS,
DON'T KEEP THE WATER RUNNING WE SAY.**



#nsspgdaveve #washhands #savewater



NATIONAL SERVICE SCHEME PGDAV COLLEGE EVENING



STAY HOME, SAVE LIVES.

Help stop coronavirus

- 1 **STAY** home
- 2 **KEEP** a safe distance
- 3 **WASH** hands often
- 4 **COVER** your cough
- 5 **SICK?** Call the helpline



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FEED THE STARY DOG IN TIME OF PANDEMIC

Don't Thorw them outside your
home. They don't spread
Cronavirus

~ BANK WORKERS ~

~ UTILITY WORKERS ~

~ DELIVERY BOYS ~

~ JOURNALISTS & FIRST RESPONDERS ~

~ FACTORY WORKERS ~

~ NURSES ~

~ DOCTORS ~



THANK YOU

~ SANITARY WORKERS ~

~ POLICE ~

~ THE GOVERNMENT ~

~ TRAFFIC POLICE ~

Shreya



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**Lockdown is difficult
for everyone. For
women & children
facing violence at
home, it can
mean **life or death.****

*If you suspect that someone you know is facing
danger in their home, **now** is the time to act.*

National Helpline: 1090 | CHILDLINE: 1098 | #EndViolence



NATIONAL SERVICE SCHEME PGDAV COLLEGE EVENING COVID-19 Update



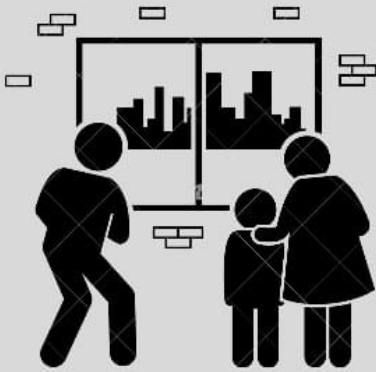
Arvind Kejriwal ✓

@ArvindKejriwal

Wearing of facial masks can reduce the spread of corona virus substantially. Therefore, it has been decided that facial masks will be compulsory for anyone stepping out of their house. Cloth mask shall be eligible too.



**NATIONAL SERVICE SCHEME
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Lockdown Extended Till 3rd May

**Stay Safe Stay at Home.
Spread this Message.**



**Regards
Team NSS**



@nss_pgdav_eve



@Nss PGDAV EVE



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BE Supportive
Careful
Alert
Kind
READY
to fight Covid-19





NATIONAL SERVICE SCHEME
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**STAND
TOGETHER**

by not

**STANDING
TOGETHER**

#StopTheSpread

#nsspgdaveve #stayhomestaysafe



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With these facts, all COVID -19 myths are now

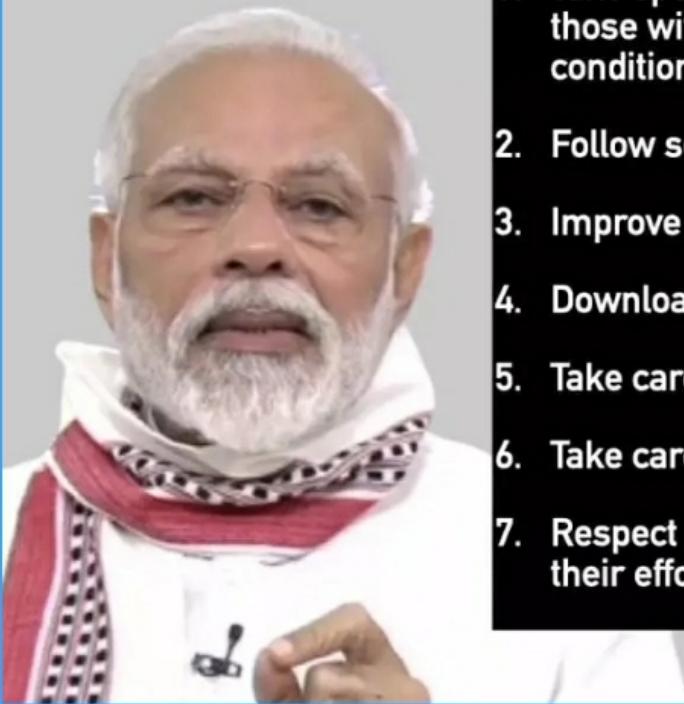
- B**athing with hot water *will not* prevent you from catching the virus 
- U**ltraviolet light *should not be* used for sterilization 
- S**pecific medicine as a cure *has not* been recommended yet 
- T**ransmission through mosquito bites is *not possible* 
- E**xremely hot or cold climates *do not* curb the spread 
- D**etection of coronavirus *cannot* happen through thermal scanners 



NATIONAL SERVICE SCHEME PGDAV COLLEGE EVENING



COVID-19 Updates



1. Take special care of elderly, especially those with underlying medical conditions
2. Follow social distancing, wear masks
3. Improve immunity
4. Download Aarogya Setu app
5. Take care of the poor
6. Take care of employees, don't fire them
7. Respect police and other authorities in their efforts against coronavirus



NATIONAL SERVICE SCHEME PGDAV COLLEGE EVENING



COVID-19 Updates

TIPS FOR HANDLING SOCIAL ISOLATION

Stay Home. Stay Safe.
#StopTheSpread

- #BeBusy**
Have a regular schedule. Help in doing some of the work at home.
- #GoBacktoOldHobbies**
Distract yourself from negative emotions by listening to music, reading, etc.
- #StayHealthy**
Eat properly and drink plenty of fluids.
- #StayFit**
Do simple indoor exercises that will keep you fit and fresh.

#nsspgdaveve
#stayhomestaysafe



**NATIONAL SERVICE SCHEME
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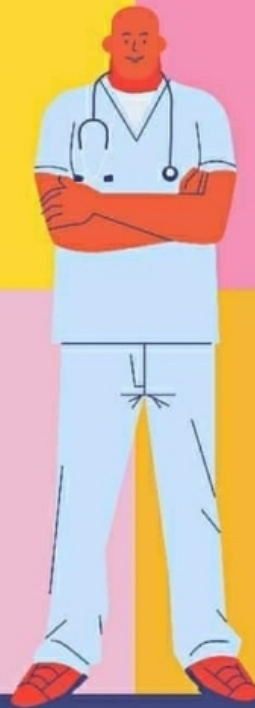
Thanks Real Heroes

**BE
SUPPORTIVE**

**BE
CAREFUL**

**BE
ALERT**

**BE
KIND**



BE READY
to fight Covid-19

8:31

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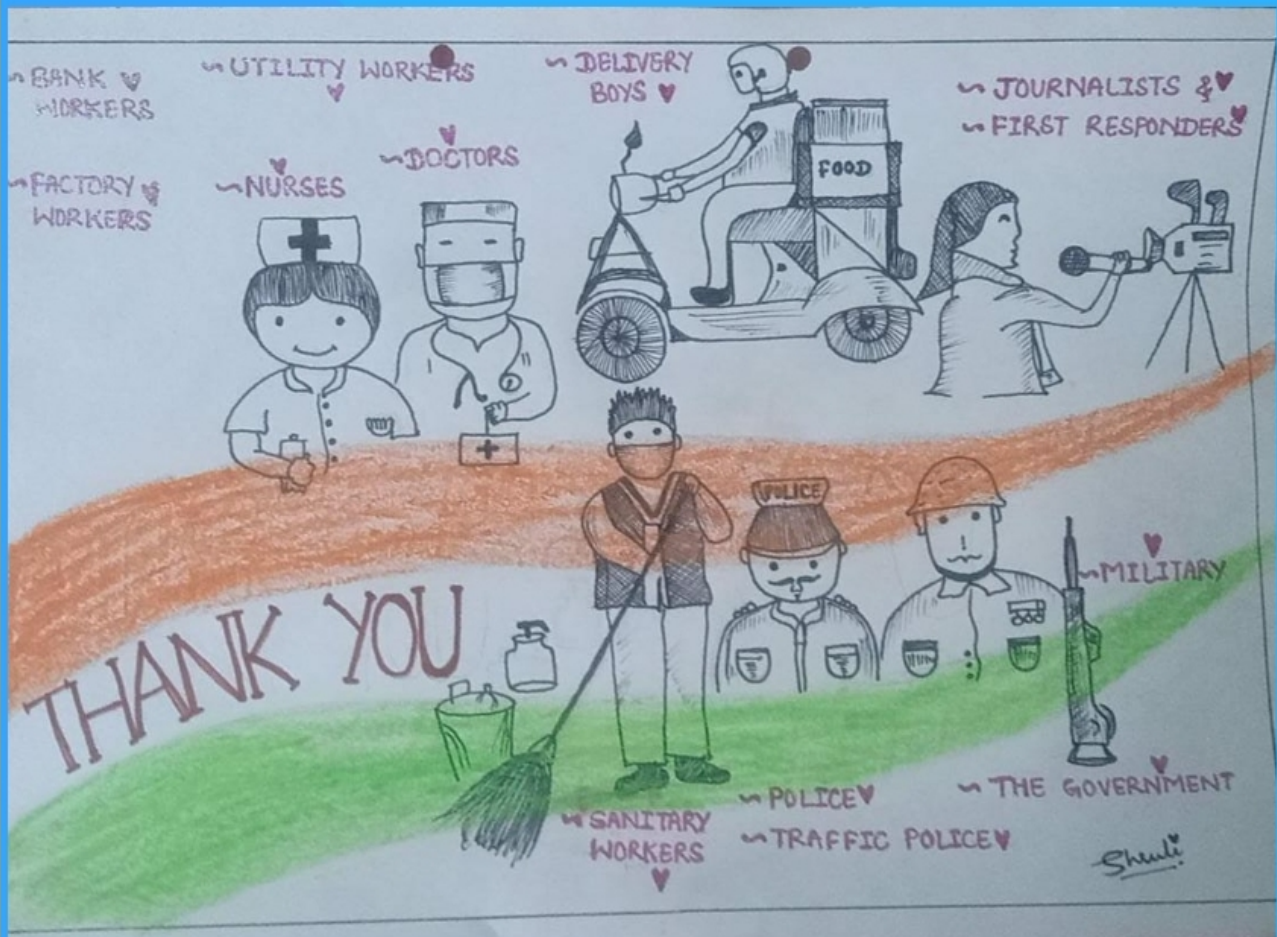




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Thanks Real Heroes





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THREE STEPS TO NO-SEW DIY MASK



1. Fold the cloth from one side to just above the middle



2. Fold it again evenly from the middle



3. Tie the other side with the other rubber band. Ensure that the area between the bands is big enough to cover your mouth and nose

**AND THE
MASK IS
READY**



Poster Maker



NATIONAL SERVICE SCHEME PGDAV COLLEGE EVENING



#COVID19 and disability

People with
disability can reduce their
potential exposure by:



Avoiding crowds



Working from home



Disinfecting assistive products



Gathering urgent items



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Caring for an elderly loved one?

Make sure they:



Have a nutritious
and balanced diet



Avoid touching their
eyes, nose and mouth



Stay home, avoid
large gatherings



Wash hands regularly